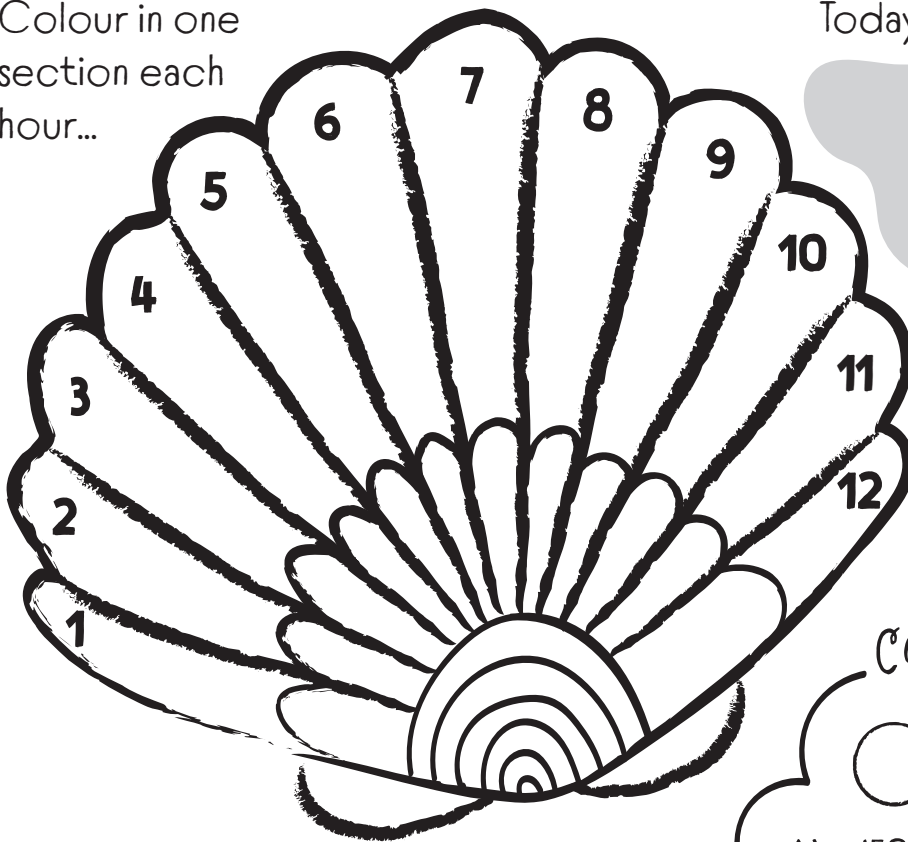


1 DAY MOOD TRACKER

Colour in one section each hour...



Today is...

DAY/DATE

COLOUR KEY:

AWESOME

Good

OK

Not good

AWFUL

SOMETHING THAT WENT WELL TODAY...

SOMETHING I'M GRATEFUL FOR TODAY...